



Francesco Arezzo  
Rotary International President  
2025-2026



Dr. Ramendu Homchauduri  
District Governor 3291  
2025-2026

# WHISTLE

E-Bulletin of  
Rotary Club of Calcutta South West

President: Rtn. Ruma Mitra

Secretary: Rtn. Samir Sur

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**ISSUE No: 03/2025-2026**

**REGULAR MEETING No. 2955**

**08 AUGUST 2025**

## President speaks:

### MUSIC MY LOVE.....

Music has the unique ability to convey a wide range of emotions, from joy and sadness to love and anger, without speaking a word. Music provides comfort and solace during difficult times, manages stress, anxiety and even pain. Music, for some, is a journey of self discovery of learning instruments, singing, dancing or simply listening to music. Music brings people together, fostering a sense of shared experience. Concerts, festivals and even casual gatherings centered around music create opportunities for connection and bonding. Music is a universal language that transcends cultural and linguistic barriers, allowing people from diverse backgrounds to connect through sound. Protest songs and anthems have played a significant role in various social movements throughout history.

Music, primarily, is a combination of 7 notes that creates magic which no one can see but can only feel. It touches the heart with mirth and glee. It unites all divisions, brings distance closer and makes bonding stronger.

Music, the balm of the tired soul,  
Music, the healer of the stressed mind,  
Giver of happiness, the ultimate goal,  
Hearts of many it does bind.

## Club Secretary's thoughts:

Quite a few non Rotarians have no idea what Rotary is all about. Some think Rotarians meet to eat and drink, others say Rotarians take money from big organizations in the name of charity work but spend for themselves. Some even say Rotary is a congregation of people who have a lot of "Black Money" and don't know how to spend them. the bomb was, "How much do you pocket every month?

There are also people, who have some knowledge about Rotary and say, "Rotary is doing a lot of work all over the world, good you have joined Rotary". A friend of mine, a retired senior Government Official, who I met after a long time said something very true and encouraging, when he learnt that I had joined Rotary...."All my life I have taken from the society in the form of salary, perks and so many other benefits, now my turn has come to give back to the community. I would like to join your Club". For a moment I felt proud to be a Rotarian.

When I joined the Rotary Club of Calcutta South West, I felt quite lost and clueless. It took me almost 2 years to enjoy Rotary.....to enjoy working for the underprivileged, to stand for and with the needy, to bring a smile to their lips, to improve their living and health conditions.....with this the Fellowship time before and after each RM and BOD Meeting, the Fellowship Nights and Lunch. All I can say Rotary is working with a smile.....

## BIRTHDAYS AND ANNIVERSARIES :-

- 8<sup>th</sup> August is the Birthday of Mrs.Rakhi Sen
- 10<sup>th</sup> August is the Birthday of Mrs.Keka Chakraborty
- 12<sup>th</sup> August is the Birthday of PP Rtn Satya Sundar Sarangi
- 13<sup>th</sup> August is the Birthday of Mrs.Sharmila Banerjee

## UPCOMING PROJECTS :-

- 11<sup>th</sup> August – Cervical Cancer Awareness Programme at Southend School beside Kudghat Metro Station from 11:30 A.M onwards. This is a Joint Project in collaboration with Bengal Obstetrics and Gynecological Society.
- 14<sup>th</sup> August – Tiffin distribution to the 250 inmates of the Calcutta Deaf and Dumb School. This is a Joint Project with RC Calcutta North East
- 15<sup>th</sup> August – To attend Flag Hoisting ceremony at Kochipata Nursery and KG School at Usthi and handing over of money for making benches and tables (9:00 to 10:00 A.M)
- 15<sup>TH</sup> August – HPV Vaccine to be administered to 250 students of Southend School (beside Kudghat Metro Station). Of the total of 250 students RCCSW (Fund to be provided by the Trust formed by Dr.Susmita and her brother in memory of their parents) will be sponsoring their share of the cost of vaccines for 100 girls. (11:30 P.M onwards)
- 22<sup>nd</sup> August – There may be a BOGS Programme in which we may have to take part.

UPCOMING FELLOWSHIP PROGRAMME – HILSA LUNCH at IBIZA, at the residence of PP Rtn. Debasis De. The cost per head is Rs.1200. Members must confirm by 7<sup>th</sup> August 5:00 P.M.

Since the members of RC Calcutta and RC Calcutta Suncity expressed their interest in joining the Fellowship Hilsa Lunch, we have sent them invitations.

## RCCSW .....IN ACTION

### PROJECT HPV VACCINE AT ST.XAVIER'S COLLEGE

DATE: 29<sup>th</sup> July 2025

TIME: 10:30 A.M to 12:30 P.M

VENUE: Room-15, St.Xavier's College, Park Street.

BENEFICIARIES: Girl students of the College (between the age group of 19 to 23 years)

An Awareness Programme on “Cervical Cancer, its chances of occurrence and prevention” was conducted at St.Xavier's College, Park Street, by Rotary Club of Calcutta South West in June 2025, the main speaker being Rtn Dr.Susmita Mitra Banerjee, Director Community Service (Medical). Convinced by the programme, 29 girls from the College agreed to take the vaccine. Representatives of Serum Institute of India Pvt. Ltd and President Rtn Ruma Mitra, Hony. Secretary Rtn Samir Sur, Rtn Dr.Susmita Mitra Banerjee and Rtn Prosenjit Sarker monitored and conducted the procedure and vaccinated the girls with the 1<sup>st</sup> dose. Dates for the 2<sup>nd</sup> and 3<sup>rd</sup> doses were written in their vaccine cards for which we will have to go back to St.Xavier's College again.



## MADARTALA MEGA HEALTH CAMP

**DATE: 03<sup>rd</sup> August 2025**

**TIME: 11:00 A.M to 1:30 P.M**

**VENUE: Room-15, Madartala Bazar Boys' Club.**

**BENEFICIARIES: Residents of the locality.**

Our 1<sup>st</sup> Half Yearly Mega Health Camp was organized today (3<sup>rd</sup> August 2025) at the Madartala Bazar Boys' Club from 11:00 A.M to 1:30 P.M. The beneficiaries were the slum dwellers of the locality. 3 doctors—GP Rtn Dr.Jaydev Sengupta, Dermatologist Rtn Dr.Siddhartha S Das and Gynecologist Rtn Dr.Susmita Mitra, checked the people who attended. 12 students from the Microbiology Department of St.Xavier's College along with their HOD, PP Rtn Dr.Arup Kr Mitra, did Blood Group testing, random Blood Sugar and Blood Pressure tests on the attendees. Dr.Siddhartha distributed relevant medicines to all those who came to him with skin problem. Some were referred to Bangur Hospital for medical tests. In all over 90 people registered and attended today's Health Camp.

1<sup>st</sup> to 7<sup>th</sup> August is observed as Mother and Child Health Week and World Breastfeeding Week. We also observed this occasion in association with Bengal Obstetrics and Gynecological Society (BOGS). Pediatrician Dr. Amit Vikram Das and Gynecologist Rtn Dr.Susmita were in charge. In all, 9 children came with their mothers to the doctors. We were honoured to have with us today, President of BOGS Dr. MMS Zoha, at the Project sight. This year the entire Madartala Health Camp Project was a joint venture of Rotary Club of Calcutta South West and Bengal Obstetrics and Gynecological Society.

Both the Projects went off smoothly and were successful.

Our special thanks go out to Rtn Mohua Das, for organizing both the Projects so well, to Rtn Dr.Jaydev Sengupta, PP Rtn Dr.Arup Kr. Mitra (along with his students), Rtn Dr.Siddhartha S Das, Rtn Dr.Susmita Mitra and Dr.Amit Vikram Das for being the main heroes of today's Health Camp.

We also thank Rafik and his assistant (appointed by Mohua) to take care of the lights and sound system, for supplying tea and biscuits continuously and doing all the running around.

Last but not the least we are thankful to all the members present at the Project sight for their constant support and help.



## KNOW YOUR INDIA- the Chenchu Tribe of Andhra Pradesh.

PP. Dr. Sumit Kumar Mitra

Dear Friend's- I had the opportunity to carry out field work in parts of NALLAMALAI Hills with Dense forests of Andhra Pradesh

I came across the Tribe called CHENCHU's-- what surprised at first was the women wearing almost the same ornament's- as I saw the Bhil's n Garasia's of Rajasthan. My first impression was- whether they are the tribes migrated as gypsies from Rajasthan- but my thought was wrong.

The Chenchus are Adivasi, a designated Scheduled Tribe in the Indian states of Andhra Pradesh, Telengana, Karnataka and Odisha. They are an aboriginal tribe whose traditional way of life is based on hunting and gathering. The Chenchus speak the Chenchu language, a member of the Dravidian language family. In general, the Chenchu relationship to non-tribal people has been largely symbiotic. Some Chenchus have continued to specialize in collecting forest products for sale to non-tribal people. Many Chenchus live in the dense Nallamalai forest of Andhra Pradesh.

The Chenchus are referred to as one of the Primitive Tribal Groups that are still dependent on forests and do not cultivate land but hunt for a living. Non-tribe people living among them rent land from the Chenchus and pay a portion of the harvest. Other people also settled among them with the help of the Chenchus and learned agriculture from them, and the nomadic Banjara herders who graze their cattle in the forest also have been allotted land there. The Chenchus have responded unenthusiastically to government efforts to induce them to take up agriculture themselves

Chenchus are a Particularly Vulnerable Tribal Group whose hamlets or Pentas dot the Nallamala forest range spread across four to five districts in Telengana and Andhra Pradesh states. They are inveterate forest dwellers, who have, over centuries, steadfastly refused to move out of their woods regardless of the perils of such life. If patriotism be defined as love for the land, Chenchus are patriots in true spirit. The non-resident war cries on social media over imagined boundaries are no match for their raw affinity to forests where they live without basic facilities.



Larry Lunsford of USA is the choice of Nominating Committee as RI President Nominee

A certified public accountant, Larry is SVP/CFO of Bernstein-Rein Advertising, Inc. in Kansas City, Missouri. Larry and his wife Jill have two children, Trent and Cara. He earned his bachelors and masters degrees in accounting from Truman State University in Kirksville, Missouri.

Larry's passion for Rotary and his invitation into the family of Rotary began during his college years when in 1982 he was selected as a Rotary Foundation Ambassadorial Scholar to Australia. Larry joined Rotary in 1991, served as his club's President in 1997-98, served as District Governor of District 6040 (Missouri) in 2001-02, and served as Rotary International Director in 2013-15. He is a past member and Chair of the RI Membership Committee. Larry and Jill served as Aides to RI President Mark Daniel Maloney, and his wife Gay, for the 2019-2020 Rotary year.

In the 2020-2021 Rotary year, Larry served as Chair on the Rotary Peace Centers Committee of the Rotary Foundation, and also served his third year as a member of the Shaping Rotary's Future Committee for Rotary International.

Larry served as a Trustee of The Rotary Foundation for a four-year term 2021-2025.

